A Publication of Programs & Activities Sponsored by The Clarke County Parks & Recreation Department for the Winter/Spring 2011

### **Easter Egg Hunt** with the Easter **Bunny (outside)**

Bring a basket to hold all the goodies you'll find at this egg hunt. Don't forget the camera for the special guest appearance by the Easter Bunny. The weather make-up date is April 23.

#### Hawaiian **Cruise**

NOW booking!!! -Hawaiian Cruise package to include: Round trip transportation from Berryville to local airport and back, Roundtrip Air Fare, Cruise, Port Taxes, Government Taxes, Transfers, Luggage Handling and Trip Escort. This package is featuring a Pre-night Stay in Honolulu



with a special VIP Group Tour of Pearl Harbor. Fees vary depending on cabin choice. Deposits are currently being accepted; note limited space available. Contact us for further details or come to the Trips and Tours meeting on 12/13 and or 1/10 from 7:00-8:30PM.

"Provide quality, wholesome recreational opportunities for all citizens of Clarke County."

Our Mission Statement:

**LHE BENELLLS YKE ENDLESS** 

**NORTAY JATSO9** 

www.clarkecounty.gov/parks email: ccpr@clarkecounty.gov Phone: 540-955-5140 • Fax: 540-955-4049

225 Al Smith Circle • Berryville, VA 22611

Parks & Recreation arke County

3084 Permit No. Berryville, VA **GIA9** U.S. POSTAGE **GTS TASA9** 



#### **Recreation Center Hours**

June 1st – September 30th

Monday – Friday 9:00 AM – 6:00 PM Saturday 12:00 noon – 6:00 PM

Sunday CLOSED

October 1st – May 31st

Monday – Friday 9:00 AM – 9:00 PM Saturday 10:00 AM – 9:00 PM Sunday 12:00 noon – 7:00 PM

#### **Holiday Hours:**

#### The Recreation Center is closed:

Friday, December 24th Saturday, December 25th Saturday, January 1st Sunday, April 24th Saturday, April 30th Monday, May 30th

#### Abbreviated Schedule: 12:00-6:00

Sunday, December 26th Friday, December 31st Friday, April 29th

#### Fee Schedule

#### **General Admission and Discount Passes**

Age	Base-Fee (Non-resident)	Discount Fee* (County Resident)
3-5	\$2.50	\$1.50
6-15	\$3.00	\$2.00
15-59	\$4.00	\$3.00
Seniors (60+)	\$2.50	\$1.50
6-15 Discount Pass	\$50.00	\$30.00
16-54 Discount Pass	\$70.00	\$50.00
55+ Discount Pass	\$40.00	\$20.00

<sup>\*</sup>Proof of residency required



# Arts Crafts

#### **Apple Valley Needle Threaders**

Activity #:	Date:	Day:	Age:	Time:	Fee:	
240201A	1/13	TH	18+	9:30 AM -12:30 PM	\$1.00	
240201B	2/10	TH	18+	9:30 AM -12:00 PM	\$1.00	
240201C	3/10	TH	18+	9:30 AM -12:30 PM	\$1.00	
240201D	4/14	TH	18+	9:30 AM - 2:00 PM	\$1.00	
Instructor: Linda Wyman						

#### **Shenandoah Piece Makers**

Activity #:	Date:	Day:	Age:	Time:	Fee:	
240202A	1/10	М	18+	6:30-8:30 PM	\$1.00	
240202B	2/14	M	18+	6:30-8:30 PM	\$1.00	
240202C	3/14	M	18+	6:30-8:30 PM	\$1.00	
240202D	4/11	M	18+	6:30-8:30 PM	\$1.00	
Instructor: Irene Sullivan						

#### **Apple Valley Quilting Bee**

Fee:							
\$1.00							
\$1.00							
\$1.00							
\$1.00							
Instructor: Linda Wyman							

These quilting clubs are open to ALL skill levels. Planned monthly programs, presentations and socializing with others who share a love of quilting make these clubs wonderful ways to spend a few hours each month. The Quilting Bee is an opportunity for beginners to observe, practice and ask questions while continuing crafters work on their projects. 1 meeting

# Clarke County Community Band This band is open to musicians of all ages. Practices are every Tuesday at

This band is open to musicians of all ages. Practices are every Tuesday at 7:15 PM at Clarke County High School. Band members need to provide their own instruments. This band plays at special events around the area. Please call Diane Shipe at 540-955-4346 for more information.

**Oops!!** We cancelled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors cancelled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. So don't wait, register today!

#### **Fusible Glass Formations**

Activity #:	Date:	Day:	Age:	Time:	Fee:		
250219A	1/22	SA	7+	10-11:30 AM	\$10.00*		
250219B	2/19	SA	7+	10-11:30 AM	\$10.00*		
250219C	3/19	SA	7+	10-11:30 AM	\$10.00*		
250219D	4/2	SA	7+	10-11:30 AM	\$10.00*		
Instructor: Dob Crowo							

\*There is a \$22 materials fee payable to the instructor each class. Glass art projects are an opportunity to make real fused glass art that will be treasured! Choose the color for your base and create your design with a variety of different shapes, colors and types of glass. Top that with a clear piece of glass to hold your design together for your one-of-a-kind art work. Pre-cut glass pieces will be provided in order to provide a safe and fun time. Each session you will get to make a different glass art project. Projects may include pendants or key chains, wall hangings or coasters, ornaments or sun catchers. Children younger than seven must be accompanied, assisted, and supervised by an adult. Sign up early, space is limited. Additional projects can be created in each session if time allows for an additional fee of \$10 per project. 1 class

#### **Afternoon Pottery**

Activity #:	Date:	Day:	Age:	Time:	Fee:		
220205A	1/17-2/7	M	6-12	4:00-5:00 PM	\$41.00*		
220205B	2/28-3/21	M	6-12	4:00-5:00 PM	\$41.00*		
220205C	3/28-4/18	M	6-12	4:00-5:00 PM	\$41.00*		
Instructor: Mizue Croswell							

\* A parent of a child in this class may participate for an additional supply fee of \$20.00. Explore different pottery techniques such as slab, coil, and pinch pots. Students will complete a new project every week and enjoy making their own creations (which make great gifts). 4 classes



#### **Evening Pottery**

Activity #:	Date:	Day:	Age:	Time:	Fee:		
220206A	1/13-1/27	TH	13+	6:15-7:45 PM	\$46.00*		
220206B	2/3-2/17	TH	13+	6:15-7:45 PM	\$46.00*		
220206C	3/3-3/17	TH	13+	6:15-7:45 PM	\$46.00*		
Instructor: Mizuo Croswell							

<sup>\*</sup> A child of an adult in this class may participate for an additional supply fee of \$20.00. These classes teach participants the basic pottery techniques and wheel throwing, as time allows. A new project will be introduced each week. 3 classes

#### **Knitting**

Activity #:	Date:	Day:	Age:	Time:	Fee:
220204A	1/18-2/22	TU	12+	6:15-7:45 PM	\$37.00*
220204B	3/1-4/5	TU	12+	6:15-7:45 PM	\$37.00*
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Instructor: Kathryn Goodson

\*For first time students there is an \$15.00 materials fee (yarn & needles) payable to the instructor the first day of class, continuing students should bring there own materials. Persons may drop-in to a class for \$8 if the class has met minimum and is not full. **Session A** will focus on learning to read patterns and make lace dishcloths. **Session B** will focus on learning to read patterns and make cable dishcloths. 6 classes

#### **NEW!!!** Group Guitar Instruction

Activity #:	Date:	Day:	Age:	Time:	Fee:	
210213A	1/19-4/27	W	12+	7:45-8:45PM	\$75.00*	
Landau de la Maria de Maria.						

Instructor: Keith Filppu

\*There is an additional \$7.00 music book fee payable to the instructor at the first class. Students need to bring an acoustic guitar, guitar picks, music stand and a pencil to each class. This class is specifically designed for the beginning guitarist. Students will learn how to read music, strum chords and play simple melodies. No experience needed, just an acoustic guitar.15 classes





#### Co-sponsored by Clarke County Parks & Recreation

All registrations are handled through Clarke County Parks and Recreation. For more information on these classes, please call Gale Bowman-Harlow at 955-4226.

#### **Exploring Watercolors**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250208A	1/10-2/14	M	12+	10:00 AM-12:00 PM	\$85.00
250208B	2/28-4/4	M	12+	10:00 AM-12:00 PM	\$85.00
250208C	4/18-5/23	M	12+	10:00 AM-12:00 PM	\$85.00
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Instructor: Gale Bowman-Harlow Location: Studio East (109 1st Street)

Please bring your own materials or pay the instructor \$50 for a beginning set at the first class. For beginners students will learn about color mixing and theory, paper and brushes, and washes. Participants bring 5 of their own photographs for ideas. For experienced students, the instructor is there to help with artistic decisions and to introduce new ideas. 6 classes



#### **Advanced Oil & Acrylic Painting**

Activity #:	Date:	Day:	Age:	Time:	Fee:		
250208D	1/10-2/14	M	15+	1-3PM	\$85.00*		
250208E	2/28-4/4	M	15+	1-3PM	\$85.00*		
250208F	4/18-5/23	M	15+	1-3PM	\$85.00*		
Instructor: Gale Bowman-Harlow							
Location: Studio East (109 1st Street)							

\*There is an additional \$15 materials fee payable to the instructor at the first class. For advanced painting, participants bring their own paintings and ideas. The instructor is there to help with artistic decisions and to introduce new ideas. If you have experience with oil or acrylic painting, this is the class for you. Bring an 18 x 24 canvas. 6 classes

#### **Fantasy & Comic Drawing**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250208G	1/10-2/14	M	8-14	4:00-5:30PM	\$85.00*
250208H	2/28-4/4	M	8-14	4:00-5:30PM	\$85.00*
2502081	4/18-5/23	M	8-14	4:00-5:30PM	\$85.00*

Instructor: Gale Bowman-Harlow Location: Studio East (109 1st Street)

\*There is an additional \$10 materials fee payable to the instructor at the first class. Students will learn to draw and sculpt fantasy places and characters that have depth and perspective. You will build scenes and characters that include your ideas of space ships, buildings, deep caves, under water, boulder landscapes, etc. Students will work on illustration board and use clay to build their ideas. This kind of technical drawing/sculpture is a "must" for students who draw comics or fantasy places and characters. 6 classes

#### **INSTRUCTORS NEEDED**

# Do you have a special talent that you would like to share with others?

Call 540-955-5140 for more information or stop by the Clarke County Recreation Center for an employment application.

#### **NEW!!! Beginning Pastel Painting**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250208J	1/10-2/14	М	13-18	4:00-5:30PM	\$85.00*
250208K	2/28-4/4	M	13-18	4:00-5:30PM	\$85.00*
250208L	4/18-5/23	M	13-18	4:00-5:30PM	\$85.00*

Instructor: Dustin O'Harra

Location: Studio East (109 1st Street)

\*There is an additional \$15 materials fee payable to the instructor at the first class. Using chalk pastels, students will learn artistic techniques: blending colors, color theory, optical mixing, light, and composition. Students will learn to edit down an image into its basic elements of space, composition and color to create works of art in pastel. Bring several images of landscapes or interior spaces to work from. 6 classes

#### **NEW!!! Landscape Painting**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250208M	1/10-2/14	М	18+	7:00-9:00PM	\$85.00*
250208N	2/28-4/4	M	18+	7:00-9:00PM	\$85.00*
250208O	4/18-5/23	M	18+	7:00-9:00PM	\$85.00*
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Instructor: Dustin O'Harra

Location: Studio East (109 1st Street)

\*There is an additional \$15 materials fee payable to the instructor at the first class. Using oil paint, students will learn the techniques to paint landscapes, methods of choosing compositions, and ways to simplify the image to create an exciting and beautiful painting. Learn how to develop and paint the elements of the landscape: trees, streams, rocks, bushes and grasses. Bring an 18 x 24 canvas, canvas board, or panel, and photos of 5 landscapes. 6 classes

#### **Art for Preschoolers**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250210A	1/11-2/15	TU	3-6	10:00 - 11:00AM	\$65.00*
250210B	3/1-4/5	TU	3-6	10:00 - 11:00AM	\$65.00*
250210C	4/19-5/24	TU	3-6	10:00 - 11:00AM	\$65.00*
Instructor:	Hollie Hetz				

Location: Clarke County Recreation Center

\*There is an additional \$10 materials fee payable to the instructor on the first class. Students will explore and create artwork using different mediums: printing, painting, drawing, creating shapes, and sculpture. Students will learn how to use "Artist's Tools", or "The Elements of Art" such as line, tone, color, texture, shape, and repetitive patterns. Come prepared to get messy and have fun! 6 classes



#### **Acrylic Painting**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250210D	1/11-2/15	TU	6-12	4:00-5:30PM	\$85.00*
250210E	3/1-4/5	TU	6-12	4:00-5:30PM	\$85.00*
250210F	4/19-5/24	TU	6-12	4:00-5:30PM	\$85.00*

Instructor: Gale Bowman-Harlow Location: Studio East (109 1st Street)

\*There is an additional \$15 materials fee payable to the instructor at the first class. Using acrylic paints, students will learn basic painting techniques: color mixing, building layers with texture and color, mediums, color theory, light, and composition. Bring an 18 x 24 canvas/canvas board and 5 photos of things you want to paint. Returning students will work on their own paintings. 6 classes





#### **Intro to Stained Glass**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250210G	1/11-2/15	TU	12+	4-5:30 PM	\$85.00*
250210H	3/1-4/5	TU	12+	4-5:30 PM	\$85.00*
2502011	4/19-5/24	TU	12+	4-5:30 PM	\$85.00*

Instructor: Sheryl Reid

Location: Studio East (109 1st Street)

\*There is an additional \$15 materials fee payable to the instructor at the first class. Ever wonder how to work with and create stained glass projects? Learn basic techniques while making light catchers and decorative hangings. Continuing students will work on more advanced projects. 6 classes

#### **NEW!!! Beginning Hand-painted Furniture**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250210J	1/11-2/15	TU	16+	7-9:00 PM	\$85.00*
250210K	3/1-4/5	TU	16+	7-9:00 PM	\$85.00*
250210L	4/19-5/24	TU	16+	7-9:00 PM	\$85.00*

Instructor: Annie Cropper

Location: Studio East (109 1st Street)

\*There is an additional \$15 materials fee payable to the instructor at the first class. Redecorate those old chairs, tables and dressers to bring new pizzazz into your home. The instructor will teach you how to prepare an old piece of wooden furniture for decorative hand painting and refinishing. Add decorative pieces or make a piece of sculpture from a chair. Students will start with a chair and then bring in their own old piece to redo. Continuing students will work on more advanced projects. 6 classes

#### **Oil Painting**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250210M	1/11-2/15	TU	15+	6:30-9PM	\$125.00*
250210N	3/1-4/5	TU	15+	6:30-9PM	\$125.00*
2502100	4/19-5/24	TU	15+	6:30-9PM	\$125.00*

Instructor: Bonnie Jacobs

Location: Studio East (109 1st Street)

\*There is an additional \$15.00 materials fee payable to the instructor at the first class. Students will learn about color mixing, composition, brush stroke techniques, canvas preparation, glazing techniques of the old masters, and the beauty of building layers of texture and color. Bring your own paints or use our studio paints, an 18 x 24 canvas or board, and 5 photos. 6 classes

#### **Acrylic & Oil Painting**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250211A	1/12-2/16	W	12+	10AM-12PM	\$85.00*
250211B	3/2-4/6	W	12+	10AM-12PM	\$85.00*
250211C	4/20-5/25	W	12+	10AM-12PM	\$85.00*

Instructor: Gale Bowman-Harlow Location: Studio East (109 First Street)

\*There is an additional \$15.00 materials fee payable to the instructor at the first class. In the first session the class will explore different painting techniques, color mixing, and approaches to composition. Participants will work composing their own painting. In the second session, students will explore more techniques. Continuing students will work on their own paintings. New students will start with their own composition. Please bring an 18 x 24 canvas/canvas board/masonite and pictures of things you want to paint. 6 classes

#### **Beginning Sculpt**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250211D	1/12-2/16	W	6-14	4-5:30PM	\$85.00*
250211E	3/2-4/6	W	6-14	4-5:30PM	\$85.00*
250211F	4/20-5/25	W	6-14	4-5:30PM	\$85,00*

Instructor: Gale Bowman-Harlow Location: Studio East (109 1st Street)

\*There is an additional \$25 materials fee payable to the instructor at the first class. This class teaches students beginning techniques for clay modeling and sculpting using air-dry clay. Students will learn about form, clay tools, texture, shape, and finishing techniques. Continuing students will work on their own piece. 6 classes

#### Beginning/Intermediate Sculpt

Activity #:	Date:	Day:	Age:	Time:	Fee:
250211G	1/12-2/16	W	14+	7-9 PM	\$85.00*
250211H	3/2-4/6	W	14+	7-9 PM	\$85.00*
2502111	4/20-5/25	W	14+	7-9 PM	\$85.00*

Instructor: Gale Bowman-Harlow Location: Studio East (109 First Street)

\*There is an additional \$25 materials fee payable to the instructor at the first class. This class teaches students techniques for building armatures, making maquettes, clay modeling & sculpting, and traditional bronze finishing patinas. Using air-dry clay or plastilina, students will sculpt their own piece. Continuing students will work on their own pieces. 6 classes

#### **NEW!!! Illustration for Books Series**

Activity #:	Topic:	Date:	Day:	Age:	Time:	Fee:
250211J	Intro	1/12-2/16	W	8+	6:30-8:30PM	\$85.00*
250211K	Get in-depth	3/2-4/6	W	8+	6:30-8:30PM	\$85.00*
250211L	Presentation	4/20-5/25	W	14+	6:30-8:30PM	\$85.00*

Instructor: Doug Pifer

Location: Studio East (109 First Street)

\*There is an additional \$15 materials fee payable to the instructor at the first class. Doug Pifer will teach you illustration techniques and share his experience in having artwork published. The essence of illustrating a book/short story relies on the illustrator to capture a moment in the text that brings the story to life. As classes progress, you will get more in-depth with but you do not have to take all three classes to learn a lot. Please bring a book, short story or manuscript you want to illustrate. 6 classes



#### A Personal Journey through Women's Art

Activity #:	Date:	Day:	Age:	Time:	Fee:
250212A	1/13-2/17	TH	14+	10AM-12PM	\$85.00
250212B	3/3-4/7	TH	14+	10AM-12PM	\$85.00

Instructor: Chrissie McFarren

Location: Studio East (109 First Street)

Chrissie McFarren will present a platform for you to share and express your opinions and feelings on issues that affect you personally through a variety of art mediums: collage, personal mandalas, sculpture, painting, drawing, assemble boxes, and more. Topics include the female body, family and friends, the environment, politics, global issues, peace, hunger, war, ....the sky is the limit. Please bring an 11 x 14 sketchbook. 6 classes



#### **Tapestry and Loom Weaving**

Activity #: Topic: Date: Day: Age: Time: Fee: 1-3PM 250212C Tapestry 1/13-2/17 12+ \$85.00\* TH 250212D Loom 3/3-5/26 12+ 1-3PM \$160.00\*

(No 4/14)

Instructor: Gale Bowman-Harlow Location: Studio East (109 1st Street)

\*There is an additional \$20 (Sess I) or \$40 (Sess II) materials fee payable to the instructor at the first class. Come learn the process of weaving a beautiful tapestry weaving on a small hand-held loom. Play with technique, texture, and color to make a picture. The full technique of dressing a floor loom, then weaving a scarf will be the focus of Session II. Students will share an 8-harness floor loom to learn how to weave simple twills and patterns.



#### NEW!!! Drawing/Model Making for Architectural Structures Series

Activity #: Topic: Date: Day: Age: Time: Fee: 250212E Drawing 1/13-2/17 TH 12+ 4:00-5:30PM \$85.00\* 250212F Model Making 3/3-5/26 TH 12+ 4:00-5:30PM \$160.00\*

(No 4/14)

Instructor: Gale Bowman-Harlow Location: Studio East (109 First Street)

\* There is an additional \$10 (Sess I) or \$25 (SessII) materials fee payable to the instructor at the first class. In session I, students will study perspective drawing and rendering of buildings and houses using graphite and drafting tools. In Session II, students will tour Main Street Architecture before designing and drawing their own house and building a small model using balsa wood and foam core. This is an exceptional class for students interested in building.

#### Watercolors

Activity #: Topic: Date: Day: Age: Time: Fee: 250212G Portrait 1/13-2/17 TH 12+ 7-9PM \$85.00\* 250212H Figure 3/3-4/7 TH 12+ 7-9PM \$85.00\*

Instructor: Gale Bowman-Harlow Location: Studio East (109 First

Street)

\*There is an additional \$35 materials/model fee payable to the instructor at the first class. This course is designed to study anatomy, portrait, and figure drawing using watercolors and ink washes. Learn to carefully observe light and composition in order to add volume and liveliness to the drawing. Participants



will work from a live model. This is a must for building a portfolio for college entrance. 6 classes

#### **Beginning and Intermediate Drawing**

Day: Activity #: Date: Aae: Time: Fee: 250216A 1/15-2/19 SA 6-14 9:30-11AM \$85.00\* 250216B 3/5-4/9 SA 6-14 9:30-11AM \$85.00\* 4/30-6/4 250216C SA 6-14 9:30-11AM \$85.00\*

Instructor: Aryana McDonald

Location: Studio East (109 First Street)

\*There is an additional \$15 materials fee payable to the instructor at the first class. Students will learn basic drawing instruments, receive instructions on how to explore line, gesture, composition, shading, and develop visual acuity skills. As the class progresses, students will learn perspective, light, and composition as they draw from real objects. Session III will include drawing the portrait. 6

classes

#### Sculpt: Clay, Metal, & Mixed Medium

Activity #:	Topic:	Date:	Day:	Age:	Time:	Fee:
250216D	Clay	1/15-2/19	SA	10+	9:30-11AM	\$85.00*
250216E	Metal	3/5-4/9	SA	10+	9:30-11AM	\$85.00*
250216F	Mixed Media	4/30-6/4	SA	10+	9:30-11AM	\$85.00*

Instructor: Alice Rodway

Location: Studio East (109 First Street)

\*There is an additional \$25 materials fee payable to the instructor at the first class. This series of classes teaches students beginning techniques for clay sculpting (Session I), metal forging (Session II) and mixed medium assembled sculpture (Session III). Students will learn about form and 3 dimensional thought as they design their pieces and learn about tools and techniques for each medium. Pick one class in the series or all three, or do a parent/child duo. 6 classes

#### **NEW!!! Palette Knife Oil Painting**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250216G	1/15-2/19	SA	10+	1-4PM	\$140.00*
250216H	3/5-4/9	SA	10+	1-4PM	\$140.00*
250216I	4/30-6/4	SA	10+	1-4PM	\$140.00*

Instructor: Dustin O'Hara

Location: Studio East (109 First Street)

\*There is an additional \$25 materials fee payable to the instructor at the first class. Working primarily with landscape and using oil paint, students will learn the techniques involved in palette knife painting: mixing color, learning to simplify and build forms and space with the knife, color theory, and composition. If you enjoy paintings where you can see the hand of the artist and the tools they use to create their painting, this class will give you the skill set to explore the uses of the palette knife's painterly marks. Toward spring there will be some outdoor classes. Bring your oil paints if you have them. Opus Oaks will supply the painting surface. 6 classes

#### **NEW!!! Bookmaking for Young People**

Activity #: Date: Day: Age: Time: Fee: 250216J 1/15-2/19 SA 10-14 12-1:30PM \$85.00\* 250216K 3/5-4/9 SA 10-14 12-1:30PM \$85.00\*

Instructor: Patience Wyman

Location: Studio East (109 First Street)

\*There is an additional \$15 materials fee payable to the instructor at the first class. Enter the exciting world of book illustration and bookmaking! For the first six-week session, students will master the simplest form of bookmaking, The Instant Book! Then they will develop and illustrate a flipbook, which will be bound using traditional Japanese stab and stitch binding techniques. The Second session will continue on with Stab and Stitch techniques, where students will write, illustrate and bind their very own Alphabet book! Students will also get the opportunity to learn printmaking techniques, which they will incorporate into a collaborative alphabet book. 6 classes

#### **NEW!!! Bookmaking and Artists Books**

Activity #: Date: Day: Age: Time: Fee: 250216L 1/15-2/19 SA 15+ 2-4:00PM \$85.00\* 2-4:00PM 250216M 3/5-4/9 SA 15 +\$85.00\*

Instructor: Patience Wyman

Location: Studio East (109 First Street)

\*There is an additional \$30 materials fee payable to the instructor at the first class. This course offers student the opportunity to learn multiple bookbinding techniques. The first six week session will focus on learning different bindings to create the following books: Accordion books, Origami books, Star books, and Traditional blank books. The second session will introduce students to the exciting world of Artist Books. This is a wonderful exploration of how the form of a book can be integrated with the content of a book to create beautiful works of art. Students will be given the opportunity to develop a theme of their choice into a personal work that investigates the potential found within Book Art. 6 classes



# **Fitness**

#### Rise & Shine Surprise

Activity #:	Date:	Day:	Age:	Time:	Fee:
240301A	1/17-2/9	M&W	16+	7-8 AM	\$49.00*
240301B	2/14-3/9	M&W	16+	7-8 AM	\$49.00*
240301C	3/14-4/6	M&W	16+	7-8 AM	\$49.00*
240301D	4/11-5/4	M&W	16+	7-8 AM	\$49.00*
Instructor: I	Kim Chandler				

\*Drop-in enrollments are \$8.00 each class and are only accepted if class has met minimum and is not full. Please call 540-955-5140 to check availability. This "surprise" class will vary formats throughout the session but a total body workout should be expected every class. Formats may include aerobics, yoga, and strength training with options for participants to increase/decrease intensity to their own fitness level. 8 classes

#### **Hoopla-cise**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250302A	1/17-1/31	M	4+	5:15-6:00 PM	\$24.00*
250302B	2/7-2/21	M	4+	5:15-6:00 PM	\$24.00*
250302C	3/7-3/21	M	4+	5:15-6:00 PM	\$24.00*
250302D	4/4-4/25	M	4+	5:15-6:00 PM	\$24.00*
	(no 4/18)				

Instructor: Porter Kobernik

\*There is a \$10.00 drop-in fee if the class has met minimum and is not filled. Please call 540-955-5140 to check availability. This energetic instructor will teach participants how to hula hoop for fitness and for fun. Beginner and advanced hoopers welcome! 3 classes

#### Cardio Boot Camp

Activity #:	Date:	Day:	Age:	Time:	Fee:
250304A	1/17-2/28	M	16+	8-9 PM	\$37.00*
	(no 2/14)				
250304B	3/7-4/25	M	16+	8-9 PM	\$37.00*
	(no 3/14, 4/	/11)			

Instructor: Holli of Xtreme Fit Studio

\*Drop-in enrollments are \$8.00 each class and are only accepted if class has met minimum and is not full. Please call 540-955-5140 to check availability. Energize your workout with a combination training class! All fitness levels are welcome. Experience a rewarding cardio and strength-training program that will incorporate elements of calisthenics, aerobic dance, martial arts, boxing, and kick boxing. 6 classes

#### **Yoga Tone**

_					
Activity #:	Date:	Day:	Age:	Time:	Fee:
250304C	1/18-3/8	TU	16+	6:30-7:30 PM	\$49.00
250304D	3/15-5/3	TU	16+	6:30-7:30 PM	\$49.00
			<b>-</b>		

Instructor: Shirley of Xtreme Fit Studio

This is a mixed level combination yoga, toning, and strength training class. Modifications to increase/decrease difficulty will be offered. Emphasis will be on postures, breathing, and strength training exercises to tone the whole body. A yoga mat is recommended. 8 classes

#### **Personal Training**

Activity #: Date: Day Time: Age: Fee: 250306A 1/3-4/30 SU-SA Rec Ctr. Hours 16+ \$30/appointment\*

\$250.00 for a 10 appointment discount punch pass. Individualized fitness training sessions help you attain your goals faster. After you register, a trainer will contact you to set up a mutually convenient appointment. Each appointment is at least one hour.

**Oops!!** We cancelled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors cancelled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. So don't wait, register today!

#### **Powerful Pilates**

Activity #:	Date:	Day:	Age:	Time:	Fee:
2503041	1/18-3/8	TU	16+	7:45-8:45PM	\$49.00*
250304J	3/15-5/3	TU	16+	7:45-8:45PM	\$49.00*
Instructor: 9	Shirley of Xtr	eme Fit	Studio		

\*There is an \$8.00 drop-in option if the class has met minimum and is not filled. Please call 540-955-5140 for availability. All fitness levels welcome. Pilates uses the mind to control the muscles and focuses on the core postural muscles, which help keep the body balanced and provide support for the spine. Emphasis will be on breath awareness and alignment of the spine, and strengthening the deep torso muscles. 8 classes

#### **Total Fitness Challenge**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250304E	1/19-3/9	W	16+	6:30-7:30 PM	\$49.00*
250304F	3/16-5/4	W	16+	6:30-7:30 PM	\$49.00*
	1 112 ( ) ( )	E: 0:			

Instructor: Holli of Xtreme Fit Studio

Energize your workout with this combination aerobics, yoga, pilates and strength training class! All fitness levels welcome. Experience a rewarding workout involving cardio, flexibility, and strength training. \*Drop-in enrollments are \$8.00 each class and are only accepted if class has met minimum and is not full. Please call 540-955-5140 to check availability. 8 classes

#### Hatha Yoga

Activity #:	Date:	Day:	Age:	Time:	Fee:
250313A	1/20-3/3	TH	16+	6:30-7:30 PM	\$43.00
250313B	3/10-5/5	TH	16+	6:30-7:30 PM	\$43.00
	(no 4/7, 4/2	21)			

Instructor: Elizabeth Coberly

A gentle yoga class that uses standing and sitting poses to stretch the whole body, breath awareness to wash away stress, and relaxation to cleanse your mind at the end of the day. Modifications are always introduced allowing the participant to adjust the intensity to their needs. This class is great for anyone new to yoga as well as the seasoned pro. 7 classes

#### **Belly Dancing**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250314A	1/20-3/3	TH	16+	8:00-9:00 PM	\$43.00*
250314B	3/10-4/28	TH	16+	8:00-9:00 PM	\$43.00*
	(no 4/7)				

Instructor: Marla Parker

\*Drop-in enrollments are \$8.00 each class and are only accepted if class has met minimum and is not full. Please call 540-955-5140 to check availability. Belly dance is one of the safest, simplest, and most effective ways to achieve and maintain fitness. Learn the basics moves needed to use belly dancing for fitness. The techniques are easy to learn and will thoroughly exercise your body while being low impact, relaxing, and fun. Participants should wear socks. 7 classes

#### **Dance Fit Fuzion**

Activity #: 250304G 250304H	1/20-3/3 3/10-4/28	Day: TH TH	16+	Time: 8:00-9:00 PM 8:00-9:00 PM	Fee: \$43.00* \$43.00*
	(no 4/7)				*

Instructor: Holli of Xtreme Fit Studio

Dance Fit Fuzion combines easy to follow hip-hop and Latin dance movements with rhythmic energetic music to create a dynamic physical and mental exercise experience. Water and a towel are recommended. \*Drop-in enrollments are \$8.00 each class and are only accepted if class has met minimum and is not full. Please call 540-955-5140 to check availability. 7 classes



# General Interest

#### **NEW!!! Don't Be A Victim Presentations**

Activity #:	Date:	Day:	Age:	Time:	Fee:
250601A	1/25	TU	12+	8:00-9:00 PM	FREE
250601B	3/29	TU	12+	8:00-9:00 PM	FREE

Instructor: Sheriff Tony Roper

This presentation is a brief overview of steps to take to make us more aware of our surroundings so we are less likely to become a victim of a crime. 1 class

#### **NEW!!! Modern Manners 101**

Activity #: Date: Day: Age: Time: Fee: 250605A 2/4-3/25 F 8-11 6:30-7:30 PM \$60.00 Instructor: Wendy Kedzierski, Certified Children's Etiquette Trainer &

Certified Etiquette Trainer for Teens

Few parents still groom their children for debutante balls, but good manners are not part of the past. Elementary Etiquette 8-week course teaches children to demonstrate dignity and respect for others. Classes also cover proper rules and guidelines for different social settings. (e.g., Table Manners, Meet and Greet Essentials, Tact and Discretion, Telephone & Internet Manners and Safety, Gift Giving and Receiving, etc.) Our classes are fun and non-threatening! Let us help teach your child the social skills necessary to feel confident and respected. Children who complete this course with good attendance will receive a Modern Manners 101 Certificate of Completion. Parents are invited to participate. 8 classes

# NEW!!! CCI Pharmacy Technician Certification Program

Activity #: Date: Day: Age: Time: Fee: 251319A 1/15-5/21 SA 18+ 10:00 AM-1:00 PM \$999.00 (no 4/9, 4/30)

This comprehensive 50-hour course helps prepare students to enter the pharmacy field and to take the Pharmacy Technician Certification Board's PTCB exam. Pharmacy Technicians work in pharmacies under the direction of a pharmacist. Their main responsibility is filling prescriptions according to doctors' orders. Pharmacy Technicians prepare medications for dispensing to patients. This generally includes retrieving drugs in the correct dosage form and strength, measuring the appropriate amount of drug and producing a prescription label. Pharmacy Technicians work with drugs to be administered orally, topically, for the eye, nose, etc. Depending upon the practice setting, a



Pharmacy Technician is also involved in the admixture of drugs for intravenous use. 17 Classes

#### **Red Cross Babysitter Training**

Activity #: Date: Day: Age: Time: Fee: 250614A 2/21 M 11+ 9:00 AM-3:30 PM \$70.00

Instructor: Mary Veilleux

There is an optional babysitter handbag available for an additional \$12.00. This course has an interactive and educational format with activities such as identifying safety problems around the house and yard and selecting age-appropriate toys and games for children in their care. Participants learn by doing. There will be a half-hour lunch break. Participants should bring a packed lunch. 1 class

# **NEW!!! ServSafe Starters – Employee Short Course**

Activity #: Date: Day: Age: Time: Fee: 240620A 3/28-4/4 M 16+ 6:30-7:45 PM \$40.00\*

Instructor: Karen Ridings, VA Co-Operative Extension

This set of classes is for food service employees as well as anyone preparing and serving food to the public through nonprofit organizations such as churches, fire companies, civic organizations. The classes will review food safety risks that develop when cooking large volumes of food and how to reduce those risks so that the food prepared is both safe and delicious. 2 classes are required to receive certificate of completion.

#### **NEW!!! Potpourri for Childcare Providers**

Activity #:	Date:	Day:	Age:	Time:	Fee:		
240620B	4/18	М	16+	6:00-7:00 PM	\$20*		
240620C	4/18	M	16+	7:00-8:00 PM	\$20*		
Instructor:	Instructor: Karen Ridings, VA Co-Operative Extension						

240620B is Ages and Stages, a 1-hour class for adults who work with children in childcare settings. This class is designed to help childcare professionals better understand the developmental stages of children. 240620C is Positive Discipline for 3-4 year olds, a 1-hour class for adults who work with children in childcare settings. This class is designed to increase the knowledge of childcare professionals in the area of building better behavior. 1 class

#### **Mystery Shopper Training 101**

Activity #:	Date:	Day:	Age:	Time:	Fee:
240616A	1/26	W	18+	6:30-7:30 PM	\$21.00
240616B	2/23	W	18+	6:30-7:30 PM	\$21.00
240616C	3/30	W	18+	6:30-7:30 PM	\$21.00
240616D	4/27	W	18+	6:30-7:30 PM	\$21.00
Instructor: Meghan Hardy					

What's better than shopping? Getting paid to shop! This class is designed to teach you how to get started as a mystery shopper. We will discuss how to find legitimate companies and sign up to work for them. You'll be given the specifics of what is required of you as a mystery shopper and how you get paid without any financial obligations during the class. 1 class

#### **Red Cross Community CPR & First Aid**

Activity #:	Date:	Day:	Age:	Time:	Fee:
251308A	1/29	SA	12+	10:00 AM-6:00 PM	\$75.00
251308B	2/2	W	12+	6-9 PM	\$40.00
251308C	3/26	SA	12+	10:00 AM-6:00 PM	\$75.00
251308D	4/6	W	12+	6-9 PM	\$40.00
Instructor: E	lizabeth Cob	erly			

This course combines lectures, demonstrations and video with hands-on training and practice. Participants will learn to recognize and respond to shock, cardiac and breathing emergencies for adults, children and infants, heat and cold emergencies, sudden illnesses and poisonings. First aid for cuts, scrapes, muscle, bone and joint injuries will be taught. Class fee includes all materials. Sessions A & C are all day classes please bring a packed lunch/snacks. Sessions B & D are recert classes only for persons currently certified in Community CPR & First Aid. Please bring your book to class. 1 class

# Intro to the "Use, Care & Repair" of a Personal Computer

Activity #: Date: Day: Age: Time: Fee: 240613A 1/22 SA 16+ 9 AM-12 PM \$37.00

Location: Clarke County High School Computer Lab

Instructor: Jay Jeffries

This course introduces all the basics of using and maintaining a personal computer. Students will learn what hardware makes up the computer, how to replace bad components, basic troubleshooting techniques, upgrades and more. 1 class



#### **Basics of Microsoft Word**

Activity #: Date: Day: Age: Time: Fee: 240613B 2/19 SA 16+ 9 AM-12 PM \$37.00

Location: Clarke County High School Computer Lab

Instructor: Jay Jeffries

Create a letter, flyer, and multiple page document using some basic skills in Word. Learn to format text, add pictures, create tables, work with multiple pages and prepare a document to be printed. 1 class

#### **Basics of Microsoft Excel**

Activity #: Date: Day: Age: Time: Fee: 240613C 3/19 SA 16+ 9 AM-12 PM \$37.00

Location: Clarke County High School Computer Lab

Instructor: Jay Jeffries

Are you interested in understanding how and why to use a spreadsheet? Learn to create and format a basic worksheet. Also, create some basic formulas to add more functionality to your worksheet. 1 class

#### **Basics of Microsoft Powerpoint**

Activity #: Date: Day: Age: Time: Fee: 240613D 4/9 SA 16+ 9 AM-12 PM \$37.00

Location: Clarke County High School Computer Lab

Instructor: Jav Jeffries

Create a multiple slide show presentation with text and pictures. Learn to animate slides for a more powerful and eye-catching presentation. 1 class

#### **Recognizing Child Abuse & Neglect**

Activity #:	Date:	Day:	Age:	Time:	Fee:
240601A	3/2	W	16+	6:30-8:30 PM	\$21.00
240601B	4/20	W	16+	6:30-8:30 PM	\$21.00
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Instructor: Toby Austin

This course is designed for persons mandated under the Code of Virginia to report suspected cases of child abuse and neglect. Other interested persons are also welcome. This course assists in recognizing and reporting child abuse and neglect to the proper authorities. 1 class

#### Daily Health & Bloodborne Pathogen

Activity #:	Date:	Day:	Age:	Time:	Fee:
240609A	2/8	TU	16+	9:30-11:00 AM	\$16.00
240609B	4/12	TU	16+	9:30-11:00 AM	\$16.00

Instructor: Mary Borger

This course will train child-care providers in identifying a sick child and preventing the spread of communicable diseases. OSHA regulations in preventing the transmission of bloodborne pathogens will be discussed. 1 class

#### **Medicine Administration Training**

Activity #:	Date:	Day:	Age:	Time:	Fee:
240609C	1/20-21	TH-F	16+	9:00AM-3:00PM*	\$51.00
240609D	3/17-18	TH-F	16+	9:00AM-3:00PM*	\$51.00
La atomication of	M D				

Instructor: Mary Borger

Pre-requisite for this class is proof of current certification in CPR & First Aid. \*Class time on Thursday is 9:00 AM-12:30 PM and Thursday is 9:00 AM-3:00 PM. This course trains providers who work in child day programs to safely administer medication to children through the following routes: oral, topical, inhaled, nebulized, medicated patches, eye, ear, nose & emergency injection of epinephrine using a auto-injector device. Employees who work in licensed or regulated child day programs and give prescription drugs to children are required by the code of Virginia to satisfactorily complete this two-day training which includes passing written and practical tests. Space is limited. Participants must bring a 3-ring binder, post-it notes, highlighter, pen, and a photo id to classes. 2 classes

#### **Intermediate Dog Manners: Level 2**

Activity #: Date: Day: Age: Time: Fee: 250604A 2/7-3/21 M 5mos+6:30-7:30 PM \$150.00 250604C 4/4-5/16 M 5mos+7:45-8:45 PM \$150.00

Instructor: Cari Messick

\*Do NOT bring your dog to the first night of class. Bring proof of vaccinations to first class. Materials needed include flat or buckle collar, 6 ft nylon or leather leash, and treats. Choke, prong, pinch collars or retractable leashes are not permitted in class. Head collars and harnesses are acceptable. Please provide the age, breed, name and sex of your dog registration. This class is designed for dogs that have successfully completed a beginner level



training class. Handlers must be 12 and be accompanied by an adult. Emphasis will be on improving good behaviors previously learned while facing more challenges and distractions. All training methods are positive reinforcement and dog friendly. 7 classes

#### Puppy Kindergarten & Basic Manners: Level 1 Combo

Activity #: Date: Day: Age: Time: Fee: 250604B 2/7-3/21 7:45-8:45 PM \$150.00 M 9 weeks+ 250604D 4/4-5/16 9 weeks+ 6:30-7:30 PM \$150.00 Instructor: Cari Messick

\*Do NOT bring your dog to the first night of class. Bring proof of vaccinations needed and that puppies 9 -20 weeks have been seen by vet and started on puppy shots to first class. Materials needed include flat or buckle collar, 6 ft nylon or leather leash, and treats. Choke, prong, pinch collars or retractable leashes are not permitted in class. Head collars and harnesses are acceptable. Please provide the age, breed, name and sex of your dog registration. This class is designed for dogs that have not taken a good manners or obedience class yet. Dogs will learn the basic good manners needed to be a good family companion- all positive training! Handlers must be 12 and be accompanied by an adult. Participants will also receive a training manual with homework assignments each week. All training methods are positive reinforcement and dog friendly.7 classes

#### **ABBA CARE: Because Character Matters**

Activity #:	Date:	Day:	Age:	Time:	Fee:		
241312A	1/19-1/26	W	11+	4:15-5:15 PM	Free		
241312C	2/16-2/23	W	11+	4:15-5:15 PM	Free		
241312E	3/16-3/23	W	11+	4:15-5:15 PM	Free		
241312H	4/13-4/20	W	11+	4:15-5:15 PM	Free		
Instructor: Connie Nutter							

Develop life skills that will last a lifetime. These two forty-five minute sessions use a limited lecture approach that includes games, visual aids, storytelling, small group activities, workable skill exercises, and worksheets. This program validates the worth of every individual by evaluating friendship qualities, reinforcing the importance of core character traits, encouraging goal setting, providing simplistic decision making skills and more. 2 classes

## ABBA CARE: Because Relationships Need Boundaries

Activity #:	Date:	Day:	Age:	Time:	Fee:
240612B	2/2-2/9	W	13+	4:15-5:15 PM	Free
240612D	3/2-3/9	W	13+	4:15-5:15 PM	Free
240612F	3/30-4/6	W	13+	4:15-5:15 PM	Free
240612H	4/27-5/4	W	13+	4:15-5:15 PM	Free
Instructor: (	Connie Nutte	er			

Refine life skills that will last a lifetime. These two forty-five minute sessions engage participants with a limited lecture approach that includes games, visual aids, storytelling, and small group activities. This program emphasizes the value of having mutual respect by taking personal responsibility, identifying risky behaviors, exploring use of boundaries and teaching refusal skills. 2 classes



# Kid's Core-ner

## Afterschool with the Park for 2010/2011 School Year

Activity #: Date: Day: Age: Time: Fee:

511102 Follows M-F K-5th 3:00-6:00PM \$42.00 per week \*

**CCPS Schedule** 

#### **Spring Break Day Camp**

Activity #:	Date:	Day:	Age:	Time:	Fee:			
250708A	4/18	M	K-5th Grade	7:30 AM-6:00 PM	\$25 per day			
250708B	4/19	TU	K-5th Grade	7:30 AM-6:00 PM	\$25 per day			
250708C	4/20	W	K-5th Grade	7:30 AM-6:00 PM	\$25 per day			
250708D	4/21	TH	K-5th Grade	7:30 AM-6:00 PM	\$25 per day			
250708E	4/22	F	K-5th Grade	7:30 AM-6:00 PM	\$25 per day			
Registration Deadline: 4/12								

Participants will take part in a variety of activities. Please wear athletic shoes and don't forget to bring a packed lunch each day. (A morning and afternoon snack is provided.) Participants will be required to complete an Emergency Info Form. This camp follows Clarke County Public School Schedule and is subject to change. Sign up early, or this program will be cancelled if it doesn't meet the minimum enrollment by **April 12th deadline**.

#### Parent's Night Out

Activity #:	Date:	Day:	Age:	Time:	Fee:
220714A	1/8	SA	3-12	5:30-9:30 PM	\$15 (\$10pp for 2+ kids)
220714B	1/29	SA	3-12	5:30-9:30 PM	\$15 (\$10pp for 2+ kids)
220714C	2/12	SA	3-12	5:30-9:30 PM	\$15 (\$10pp for 2+ kids)
220714D	2/19	SA	3-12	5:30-9:30 PM	\$15 (\$10pp for 2+ kids)
220714E	3/12	SA	3-12	5:30-9:30 PM	\$15 (\$10pp for 2+ kids)

Kid's are you ready for some fun! Parents are you ready for a real dinner date? We will provide the FUN, Popcorn and Games for the kids. Inquire at the park for further details—Emergency Forms must be completed for all participants prior to enrollment. Hurry though limited space available.

#### Kid's Night Out on the Ranch

Activity #:	Date:	Day:	Age:	Time:	Fee:	
220712A	4/1	F	5-13	5:30-8:30 PM	\$30 (\$25pp for 2+ kids)	
220712B	4/15	F	5-13	5:30-8:30 PM	\$30 (\$25pp for 2+ kids)	
Location: Full Moon Ranch, Berryville, VA						

Put your jeans on; grab your hat and head to the ranch. Clarke County Parks and Recreation has teamed up with Pony to Go/Full Moon Ranch to offer an exciting night on the ranch. Pony rides, farm tour, petting zoo and children's activities included. Go to website for further details: <a href="https://www.ponytogo.com">www.ponytogo.com</a>

#### **Girls Night Out!**

Activity #: Date: Day: Age: Time: Fee:

220710A 3/19 SA 5-15 5:30-9:30 \$3 + (1 food drive donation)

Girls just want to have fun, so bring them out for this fun filled evening of friendship and entertainment. Come dressed to participate in activities, dancing, crafts, games & much more. (Donations are needed for food drive or add on \$2 to above fee.) Volunteers are needed for this event and sponsors are also welcome. Contact the park for further details.

#### **Gift Baskets**

Activity #: Date: Day: Age: Time: Fee: Topic: 210703A 2/12 SA 7+ 9:00-12:00 \$20.00 V-Day Basket 210703B 4/16 SA 7+ 9:00-12:00 \$20.00 Easter Basket

Create your own Gift Basket for a special loved one or treat yourself! Participants will make their own body scrubs and scented oils, soaps, and chocolate treats. Bring a basket with you.

#### How to Teach Your Child to Read

Activity #:	Date:	Day:	Age:	Time:	Fee:			
210706A	2/12	SA	16+	10:00-11:30 AM	\$10.00*			
210706B	4/16	SA	16+	10:00-11:30 AM	\$10.00*			
Instructor: Jennifer Welliver *plus materials fee \$10.00								

There is a \$10 materials fee payable to the instructor each session. The class is designed to help parents and caregivers teach their child/ren to read. Participants will receive small group instruction and a take home – learn to read workbook. Our instructor will offer helpful advice and guidance for teaching children to read. 1 class.

#### **Pre-K Reading Readiness**

Activity #:	Date:	Day:	Age:	Time:	Fee:
210713A	1/11-2/1	TU	4-5	1:30-2:30 PM	\$35.00
210713B	2/8-3/1	TU	4-5	1:30-2:30 PM	\$35.00
210713C	3/8-3/29	TU	4-5	1:30-2:30 PM	\$35.00
210713D	4/5-5/3*	TU	4-5	1:30-2:30 PM	\$35.00
Pam Murph	y, MED				

Children will learn pre K reading readiness skills through literacy games and rhyming activities. Listening skills will be strengthened through interactive story time and music. Children will also create and illustrate their own ideas. 4 classes. (\*No class on 4/19)

#### **Boppin's Babies Music Class**

Activity #:	Date:	Day:	Age:	Time:	Fee	
210707A	1/14-2/4	F	3-18 months	9:45-10:15AM	\$30.00	
210707B	2/11-3/4	F	3-18 months	9:45-10:15AM	\$30.00	
210707C	3/11-4/1	F	3-18 months	9:45-10:15AM	\$30.00	
210707D	4/15-5/6	F	3-18 months	9:45-10:15AM	\$30.00	
Instructor: Susan Merriman, D.M.A.						

Take a musical journey with your child! This class is a mommy and me style music class designed to meet the developmental needs of your infant through exposure to a wide variety of musical styles and activities. Classes will nurture you and your child's of love of music in a creative, fun and playful environment. 4 classes

Gift Certificates

make great gifts and can be redeemed

for any of these great programs!

<sup>\*</sup> Fees are paid monthly plus a \$15.00 non-refundable registration fee. This program runs daily on regular school days and provides full day care on teacher workdays (there is an additional fee on full days). Transportation is provided to Clarke County Recreation Center for children who attend D.G. Cooley, Boyce Elementary or Berryville Primary.



#### **Tunes for Toddlers**

Activity #:	Date:	Day:	Age:	Time:	Fee:		
210708A	1/14-2/4	F	18 mos-3y	10:30-11:00AM	\$30.00		
210708B	2/11-3/4	F	18 mos-3y	10:30-11:00AM	\$30.00		
210708C	3/11-4/1	F	18 mos-3y	10:30-11:00AM	\$30.00		
210708D	4/15-5/6	F	18 mos-3y	10:30-11:00AM	\$30.00		
Instructor: Dr. Susan Merriman, D.M.A.							

Parents & toddlers (ages 18 month–3 years) come join us in a fun an exciting time of music, dance, and play! Curriculum will vary from month to month to keep classes fun and exciting! 4 classes.

#### **Munchin' Musicians**

Activity #:	Date:	Day:	Age:	Time:	Fee:
210709A	1/14-2/4	F	3-5	11:15-12:15PM	\$35.00
210709B	2/11-3/4	F	3-5	11:15-12:15PM	\$35.00
210709C	3/11-4/1	F	3-5	11:15-12:15PM	\$35.00
210709D	4/15-5/6	F	3-5	11:15-12:15PM	\$35.00
Instructor: [	Dr. Susan M	erriman,	D.M.A.		

Bring a snack along for this fun filled hour of music making and exploration. Play instruments, sing and begin reading music. Movement, crafts, and beginning phonics/math skills are introduced with a musical flare.

#### **Vocal Lessons Youth/Adult**

Activity #:	Date:	Day:	Age:	Time:	Fee:
210916A	1/12-2/2	W	10+	4:40-5:25 PM	\$96.00
210916B	1/12-2/2	W	10+	5:35-6:20 PM	\$96.00
210917A	2/9-3/2	W	10+	4:40-5:25 PM	\$96.00
210917B	2/9-3/2	W	10+	5:35-6:20 PM	\$96.00
210918A	3/9-3-30	W	10+	4:40-5:25 PM	\$96.00
210918B	3/9-3-30	W	10+	5:35-6:20 PM	\$96.00
210921A	4/6-5/4*	W	10+	4:40-5:25 PM	\$96.00
210921B	4/6-5/4*	W	10+	5:35-6:20 PM	\$96.00

Instructor: Dr. Susan Merriman, D.M.A.

Location: D.G. Cooley Gym

The vocal lessons are for the *beginner* as an introduction to the art of singing as well as for the *more advanced singer*. Have you dreamed of being a singer but needed a little more support or direction? These private lessons will focus on the fundamentals of correct vocal technique to give every student confidence to sing out loud! \* No classes will be held on 4/20 4 lessons.

#### Sign, Say, and Play

Activity #:	Date:	Day:	Age:	Time:	Fee:
201701A	3/9-4/13	W	4mon-2	10:30-11:30AM	\$45.00
Instructor: [	Johns Day (	* 2 \$50	Matorial fo	o to inetructor)	

<u>Sign. Say. and Play</u> is a 6-weeks fun filled play classes with games, songs, & activities designed especially for parents and their babies that will highlight important developmental skills. Each participant will receive a supply kit with materials to continue signing at home with their babies. Parents please bring a floor mat or blanket to sit on the floor & your baby's favorite toy. \*Class is limited to 6 participants

# Birthday Party Packages:

The Clarke County Recreation Center offers Birthday Party packages and many options to meet your budget and help you plan the perfect party. Packages include set-up, clean up,



room rental and/or gym rental, decorations and gift bags, so relax and let us do the work! Please call the birthday party coordinator at 540-955-5140 for more information and to schedule parties. A limited number of dates are available. Please book at least 3 weeks in advance!

#### **Playwriting I**

Activity #:	Date:	Day:	Age:	Time:	Fee:
230701A	1/19-2/23	W	11-15	3:30-5:00 PM	\$50.00
Landon Labour N	/ a A al a a				

Instructor: Marc Adams Location: JWMS Computer Lab

Think of a great movie or stage play. How would you like to be the one who writes the words the actors are speaking? Learn the art of dialogue, stage direction, and building a basic script, then test your finished product as the class stages and performs your play. Curtain up! 6 classes.

#### Journalism I

Activity #:	Date:	Day:	Age:	Time:	Fee:
230702A	3/9-4/13	W	11-15	3:30-5:00 PM	\$55.00

Instructor: Marc Adams

Location: JWMS Computer Lab

Ever dream of being a hotshot reporter for a big newspaper, a TV station, or an Internet news site? Learn how to interview, how to cover a story, and the "ins and outs" of journalism as you and your crack news team create your own TV newscast, your own newsletter, and peek behind the "big stories" in journalism history. 6 classes

#### **Creative Dance**

Activity #:	Date:	Day:	Age:	Time:	Fee:
210705A	1/14-2/4	F	3-5	4:30-5:15PM	\$30.00
210705B	2/11-3/4	F	3-5	4:30-5:15PM	\$30.00
210705C	3/18-4/15*	F	3-5	4:30-5:15PM	\$30.00
Instructor: A	Alyssa Peters				

Princes and Princess' – get ready to explore dance through the world of makebelieve. Creative Dance mixed with Introductory Ballet will be taught. Each class will cool down with a special reading from a children's book. \*No class 4/8

#### **Ballet/Tap Classes**

Activity #:	Date:	Day:	Age:	Time:	Fee:
210704A	1/14-2/4	F	3-6	5:30-6:15PM	\$35.00
210704B	2/11-3/4	F	3-6	5:30-6:15PM	\$35.00
210704C	3/18-4/15*	F	3-6	5:30-6:15PM	\$35.00
Instructor: A	lyssa Peters				

Students will be taught basic techniques of ballet and tap. They will be combining both forms in a fun and creative way. Tap shoes are required. 4 classes \*No class 4/8

#### Jazz/Hip Hop Dance

Activity #:	Date:	Day:	Age:	Time:	Fee:
250713A	1/14-2/4	F	6-10	6:25-7:15PM	\$30.00
250713B	2/11-3/4	F	6-10	6:25-7:15PM	\$30.00
250713C	3/18-4/15	F	6-10	6:25-7:15PM	\$30.00
Instructor: A	Alvssa Peters	;			

This class is an introduction to the basic techniques of jazz dance. Students will be taught to understand rhythm and learn various active dance combinations. These combinations will then be choreographed with music and result in learning some new funky combinations that create a fun routine. 4 classes. \*No class 4/8

#### \*Spring Dance Recital

Participants in Session 4 will be demonstrating the skills and techniques that they learned. The Spring Dance recital to be held on April 15th during their regular class time.

Refreshments will be served for participants and their families.



# Sports & Athletics

#### **Cheer Eruption Pre-school Gymnastics**

Activity #:	Date:	Day:	Age:	Time:	Fee:
210901A	1/13-2/3	TH	3-5	6:15-7:00PM	\$38.00
210901B	2/10-3/3	TH	3-5	6:15-7:00PM	\$38.00
210901C	3/17-4/7	TH	3-5	6:15-7:00PM	\$38.00
210901D	4/14-5/12*	TH	3-5	6:15-7:00PM	\$38.00

Location: D.G. Cooley Gym Instructor: Christel Montegomery

#### **Cheer Eruption All Star Gymnastics I**

Activity #:	Date:	Day:	Age*:	Time:	Fee:
210902A	1/13-2/3	TH	6-8	4:15-5:05PM	\$40.00
210902B	2/10-3/3	TH	6-8	4:15-5:05PM	\$40.00
210902C	3/17-4/7	TH	6-8	4:15-5:05PM	\$40.00
210902D	4/14-5/12*	TH	6-8	4:15-5:05PM	\$40.00

Location: D.G. Cooley Gym

\*boys 6-12 recommended for this session

Instructor: Christel Montegomery

#### **Cheer Eruption All Star Gymnastics II**

Activity #:	Date:	Day:	Age:	Time:	Fee:
210904A	1/13-2/3	TH	9-14	5:15-6:15PM	\$45.00
210904B	2/10-3/3	TH	9-14	5:15-6:15PM	\$45.00
210904C	3/17-4/7	TH	9-14	5:15-6:15PM	\$45.00
210904D	4/14-5/12*	TH	9-14	5:15-6:15PM	\$45.00

Location: D.G. Cooley Gym Instructor: Christel Montegomery

Our Gymnastic programs will focus on basic gymnastics skills featuring tumbling. Your child will learn good body positioning, strength training, and coordination using various pieces of equipment while having FUN and being SAFE. 4 Classes. \*(No classes on 4/21)

#### **Clarke County Youth Sports Organizations**

Clarke County Youth Basketball Joe Braithwaite......955-2147 clarkecountyyouthbasketball.com P.O. Box 82 Berryville, VA 22611

Clarke County Little League 955-9950

Kim Braithwaite ..... 955-2147 Eteamz.com/clarkecountylittle-league

P.O. Box 812 Berryville, VA 22611

Clarke County Youth Soccer Hotline......955-9002 Clarkesoccer.org

P.O. Box 720 Berryville, VA 22611

Clarke County Youth Football Pete McClean . . . . 540-450-6222 www.ccyfinc.com P.O. Box 967 Berryville, VA 22611

Clarke County Youth Cheerleading Kim Dinkins kimdinkins@gmail.com 540-955-2534

Shenandoah Valley Youth Lacrosse Joseph Pfisterer svylax@gmail.com svyl.uslaxteam.com



#### **Youth Open Soccer**

Activity #: Date: Day: Age: Time: Fee: 250907A 4/1-5/20 (No 4/22) F 5-18 1:30-3:30 PM \$5.00

Participants must wear shin guards and bring their own soccer ball and water bottle. Parents are required to help out with this program to keep the cost low and keep it open to large numbers of players. Participants will receive instruction in kicking, dribbling and passing the ball. Scrimmages will be set up with individuals in your own age group.



#### **Wrestling Club**

Activity #: Date: Day: Age: Time: Fee: 120909A 11/10-02/16 T&W 1st-8th grade 6:30-8:00PM \$35.00

Instructor: John Campbell and Pete Fens

Location: JWMS - Cafeteria

Our mission for the wrestling club is to teach students about the fundamentals of wrestling, to encourage physical fitness, to promote good sportsmanship and to develop self-discipline and determination. Experienced volunteers are welcome for further information please contact the park. (No classes during the winter break)

**Oops!!** We cancelled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors cancelled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. So don't wait, register today!



#### Co-ed Softball Organizational Meeting

There will be an organizational meeting of the CCPR Co-ed Softball League on Tuesday, April 5th at 7:00 PM in the Recreation Center Lobby. Anyone interested in placing a team in the league or playing in the league should contact the park and plan to attend this meeting

#### Family Fun Bowling

Date: Activity #: Day: Age: Time: Fee: 250922 A 3/5 2:00-4:00PM Sat \$8/pp

Registration Deadline: 4/25/11 Location: Northide Lanes

Space is limited so sign up early then bring your friends and family over to Northside Lanes in Winchester, VA. We rented the lanes and will be providing some family fun and friendly competitions. Awards will be given out in various category. Other prizes will be given out as well so bring your best-dressed team out, have fun and win a prize. Rental shoes are included in the package. RSVP your spot by registering before Feb 25th.



#### Girls Lacrosse Clinics

Activity #: Date: Day: Age: Time: Fee: \$10\*\* 210915A 1:30-3:00PM 2/12 Sat. 8-13 \$10\*\* 210915B 8-13 1:30-3:00PM 3/12 Sat.

Instructor: Ashley Yowell

What's Lacrosse? Come experience the fastest sport played on two feet. The clinics are for all skill levels. A limited number sticks and goggles will be made available to new players. Shenandoah Valley Youth Lacrosse members will pay a reduced fee for the clinic. See info.atsvyl.uslasteam.com

#### 3X3 Co-ed Basketball Tournament

Activity #:	Date:	Day:	Age:	Time:	Fee:
250903A	3/26	SA	10-11	9:00-6:00 PM	\$30 per team
250903B	3/26	SA	12-13	9:00-6:00 PM	\$30 per team
250903C	3/26	SU	14-15	1:30-6:30PM	\$30 per team

Registration Deadline: March 11th

Pre-game clinic to include warm-ups and stretching with members of the Winchester Storm, affiliated with the Eastern Basketball Alliance as well as injury prevention tips from ORTHONOW orthopedic services group. Get your teams together now for Clarke Counties 3x3 Basketball Tournament.



#### Wee Gvm:

Wee Gym, provides young children fantastic learning opportunities to develop locomotion, confidence, balance and motor skills. Specific, age appropriate safety approved equipment including mats for jumping and tumbling, balls for bouncing and rolling, age appropriate manipulatives and parachutes for group activities provided in a safe, fun environment.

This is an unstructured program and you are your child's instructor. Program runs October 5th to March 18th, Tuesdays & Fridays 9:00AM-12:00 PM Open to all children ages 0-5 when accompanied and supervised by an adult \$3.00 for one adult and one child, \$1.00 for each additional child.



#### Adult Indoor Soccer

Activity #: Date:

140901 A 12/5-1/16 (No Activity on 12/26)

140901 B 1/23-2/27 16 +Age: Sundays Day: Time: 5:30-7:00 PM Fee: \$18.00

Pick up soccer for adults ages 16 and up. Open to the first 25 participants. Get some friends together and play indoor for the winter.

#### **Teen Indoor Soccer**

Activity #: Date:

130901 A 12/5-1/16 (No Activity on 12/26)

130901 B 1/23-2/27 Age: 12 - 15 Day: Sundays 3:45 -5:15 PM Time: Fee. \$18.00

Pick up soccer for adults ages 12 - 15. Open to the first 25 participants. Get some friends together and play indoor for the winter.

#### **Youth Indoor Soccer**

Activity #: Date:

110908 A 12/5-1/16 (No Activity on 12/26)

110908 B 1/23-2/27 Age: 11 and Under Sundays Day: Time: 2:00 -3:30 PM

Fee: \$18.00

Pick up soccer for adults ages 11 and Under. Open to the first 25 participants. Get some friends together and play indoor for the winter.

#### The Gym Schedule

Monthly gym schedules are available at the Recreation Center. Gym schedules change monthly due to Park programs and special events. Changes to the schedule are posted in advance and up to date information is available by calling 540-955-5140.



# Trips, Tours & Adventures



#### **Hawaiian Cruise**

Activity #: Date: Day: Age: Time: Fee: 451001A 10/21-10/29 F-SA 21+ TBD Varies

NOW booking!!! -Hawaiian Cruise package to include: Round trip transportation from Berryville to local airport and back, Roundtrip Air Fare, Cruise, Port Taxes, Government Taxes, Transfers, Luggage Handling and Trip Escort. This package is featuring a *Pre-night Stay in Honolulu with a special VIP Group Tour of Pearl Harbor.* Fees vary depending on cabin choice. Deposits are currently being accepted; note limited space available. Contact us for further details or come to our Trips and Tours Meeting on 12/13 and/or 1/10 from 7:00-8:30 PM.

#### Hike and Bike Tour

Activity #: Location: Date: Day: Age: Time: Fee: 241001A Western MD 3/31 TH 18+ 9AM-5PM \$15\*

Join us on this hike and bike tour of the Western MD Rail Trail. Additional fees for bike rental for those taking part in the Bike tour can be paid to C&O Bicycle shop directly.

#### Hike and Trail Ride

Activity #: Location: Date: Day: Age: Time: Fee: 241001B Full Moon Ranch 4/7 TH 18+ 9AM-3:30PM \$15\*

Spend a day at the Ranch. Clarke County Parks and Recreation has teamed up with Pony to Go/Full Moon Ranch to offer Horseback Riding along with a beautiful hike and tour of the grounds. An <u>additional fee</u> will apply for those taking part in the trail ride, made payable to them. Go to website for further details: <a href="https://www.ponytogo.com">www.ponytogo.com</a>

#### Mid-week Hikes

Activity #: Location: Date: Day:





Age: 241001C C&O Canal, MD 4/14 TH 9AM-3:30PM \$13 241001D Great Falls, VA 9AM-3:30PM \$13 4/21 TΗ 18+ 241001E 9AM-3:30PM \$13 George Wash. TH 4/28 18 +Nat. Forest, VA

241001F Thompson WMA,VA 5/5 TH 18+ 9AM-3:30PM \$13

Enjoy nature in the company of friends on 3-4 miles hikes led by naturalist Kristin Zimet. Wear sturdy shoes, dress in layers, and bring lunch and water. On the way home we like to stop for dessert and coffee.

#### **Hollywood Casino at Charles Town Races**



Activity #: Date: Day: Age: Time: Fee: 251003A 3/17 TH 21+ Departs at 11:00AM \$15.00

Help us celebrate St. Patrick's Day and look for your Pot o' Gold. Wear your green for luckJ. Included in this package is roundtrip transportation and a special suppose!

#### **Trips and Tours Meeting**

Where do you want to go NEXT??? YOU are invited to our upcoming Trips and Tours Meeting on Monday, December 13th and/or Monday, January 10th at the Recreation Center from 7:00-8:30 PM. Please R.S.V.P. to 540-955-5140 and we will save you a spot.

**Oops!!** We cancelled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors cancelled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. So don't wait, register today!



# Special Events

#### **Easter Egg Hunt**

#### with the Easter Bunny (outside)

Activity #:	Date:	Day:	Age:	Time:	Fee:
250802A	4/16	SA	1-2	11:00 AM	\$3.00 in advance, \$5.00 day of event
250802B	4/16	SA	3-4	11:15 AM	\$3.00 in advance, \$5.00 day of event
250802C	4/16	SA	5-6	11:30 AM	\$3.00 in advance, \$5.00 day of event
250802D	4/16	SA	7-10	11:45 AM	\$3.00 in advance, \$5.00 day of event

Bring a basket to hold all the goodies you'll find at this egg hunt. Don't forget the camera for the special guest appearance by the Easter Bunny. The weather make-up date is April 23.

#### **Student Art Show**

At Bon Matin in Berryville from May-June 2011

If you are a current student with Opus Oaks and want to participate in this show, call 955-4226 for more information.

Students need to have their work framed and ready to hang by the end of April.



#### **Parks & Recreation Staff**

Lisa A. Cooke, CPRP, Director

Tanya Myers, Administrative Services Manager

Shannon Martin, CPRP, Recreation Program Coordinator

Tracey Pitcock, MES, Recreation Program Coordinator

Christie Knoll, Childcare Specialist

Brandon Kovak, Recreation Manager & Facilities Superintendant

Ann Boothe, Customer Service Specialist

Angie Cather, Office Assistant

#### Parks & Recreation Advisory Board

Daniel Sheetz-Chairman
Paul Jones, Vice-Chairman
Steve Wisecarver
Lawrence White
Gary Lichliter
Janelle Allison

Ronnie Huff Emily Rhodes

Dennis Heflin

P&R Advisory Board meetings are held the third Wednesday of each month at 6:00 PM at the Recreation Center and are open to the public.





#### How to Register

WALK IN - to the Clarke County Recreation Center during normal operating hours.

MAIL IN - Enclose your registration form and check or \*credit card information and mail to: CCPR - Program Registration, 225 Al Smith Circle, Berryville, VA 22611

PHONE IN - Call us at 540-955-5140 during normal operating hours. Be sure to have your registration information and credit card information accessible at the time that you call.

FAX IN - for 24-hour service, you can fax your registration form with \*credit card information to 540-955-4049.

\*NOTE - A credit card service company will assess a small convenience fee to your credit card statement. Fees vary according to the charge amount. Please call us at 955-5140 for the fee schedule.



Registration begins at 9:00 AM December 13, 2010 for Clarke County residents and December 15, 2010 for non-Clarke County residents, unless otherwise noted in program description.

#### **Fees**

Payment must accompany registration. A \$20 fee is charged for returned checks.

#### Refunds

Refunds will be given for medical reasons only and must be requested one week prior to the class. A \$5.00 administrative fee will be charged for all refunds. Class credits will be issued for cancellations less then one week prior to the class for medical reasons only. If the P&R Department cancels a program, a full refund will be processed.

#### **Cancellations**

We reserve the right to cancel a program due to insufficient enrollment. It requires a certain number of individuals to justify holding a program and if that minimum is not reached, the course is cancelled. Programs not meeting minimum enrollment three weekdays prior to class will be cancelled. PLÉASE REGISTER EARLY.

#### **Inclement Weather**

In the event of inclement weather, cancellations will be announced on local radio stations. If programs are cancelled, every attempt will be made to reschedule the program.

#### Accommodations

CCPR is committed to providing recreation for all persons. Every reasonable effort will be made to provide accommodations based on individual need. Please contact us prior to the program's start date for assistance. If assistance is needed for the hearing impaired please call Virginia Relay Center at 1-800-828-1140.

We are updating our records. Please keep us informed of any changes to your household information

> All programs are held at the **Chet Hobert Park** unless otherwise noted.

#### REGISTRAT

#### PLEASE PRINT:

PRIMARY HOUSEHOLDER (Last Name)							(First)					
ADDRESS												
CITY					;	STA	ATE ZIP CODE					
HOME PHONE WORK PHONE							E-mail Address					
MALE FEMALE DATE	OF BIRTH											
SECONDARY HOUSEHOLDE	R (Last Name)									(First)		
WORK PHONE	E-mail A	ddress		MALEFEMALE DOB								
EMERGENCY CONTACT PERSO	)N			PHONE								
(Other than someone in your househo	old)											
Participant Name (Last, First)	Date of Birth	Sex (M/F)		Activity Code			Session	Program Name	Fee			
Sample, John	9/17/92	M	2	2	0	2	0	5	A	2	Children's Pottery	\$30
	<del>                                     </del>											
									$\vdash$			
*NOTE - A credit card service company w Fees vary according to the charge amoun						card	 state	men	t.		TOTAL	
IF PAYING BY CREDIT CARD PLEASE COMPLETE THE FOLLOWING:						for office use only						
□Visa □MC □Amex □Disco	ver										•	
Exp. Date Card #							FEE .				CASH CHECK CRED	IT CARD
Signature							DATE RECEIVED: RECEIVED BY:					